



SENDCAA NEWS

CACFP Edition | July 2023

2023-2024 Income Eligibility Guidelines

AND Reimbursement Rates Announced

The USDA has released this year's reimbursement rates! With the two tier reimbursement system coming back this month, you may want to check the chart below to see if you qualify for Tier I rates or if you would like to claim your own child.

Click [here](#) to download an application if you are a Tier II provider and would like to apply for Tier I. Feel free to contact our office with any questions.

	Tier I	Tier II
Breakfast	1.65	0.59
Lunch/Supper	3.12	1.88
Snack	0.93	0.25

INCOME ELIGIBILITY GUIDELINES 2023-2024

Household Size	Yearly	Monthly	Weekly
1	\$26,973	\$2,248	\$519
2	36,482	3,041	702
3	45,991	3,833	885
4	55,500	4,625	1,068
5	65,009	5,418	1,251
6	74,518	6,210	1,434
7	84,027	7,003	1,616
8	93,535	7,795	1,799
Each additional child	+ 9,509	+ 793	+ 183

Enrollment Reminders

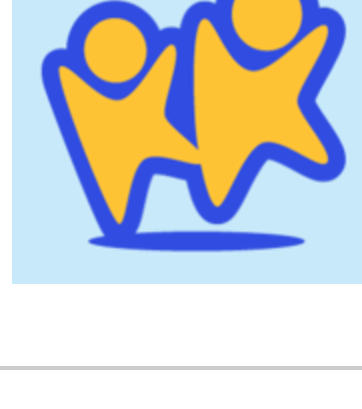
Child enrollments are good for one year. If a child is still in your care after that initial year we will need an updated enrollment for that child so that you will be able to receive reimbursement. We do our best to notify you of any upcoming expirations but it is the providers responsibility to keep track of your enrollments. KidKare makes it very easy to see if you have any enrollments that are about to expire. Here are a few ways to check:

- When you click on a child, under their picture shows the expiration date
- You will also get a notification on your Claim Summary and Error Report
 - To view this report go to: Reports > Claim Statements > Claim Summary and Error > Choose claim month, click Run
- To view how to print a single child's enrollment form click [here](#)
- To view how to print all your children on an enrollment renewal worksheet click [here](#).

KidKare Help Page

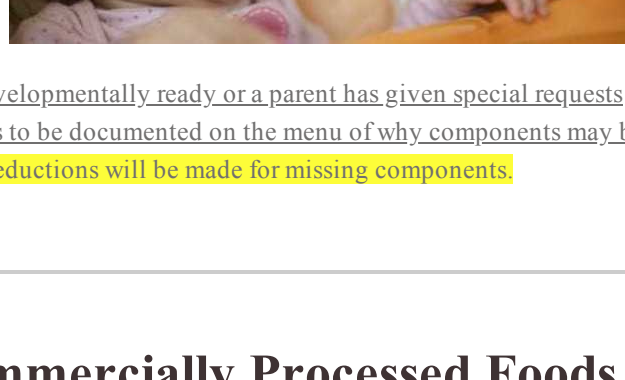
KidKare has a great resource page for all topics. Check it out to learn all the features KidKare has to offer by visiting <https://help.kidkare.com/help/providers>

If you currently submit your claims manually and would like to give KidKare a try, contact your home monitor! They would be happy to get you started!



Infant Documentation Reminder

All infants, 6 months and older, are required to be offered all required components at all meals. If a child is not developmentally ready or a parent has given special requests on the introduction of solids, a reason needs to be documented on the menu of why components may be missing. If no documentation is recorded, deductions will be made for missing components.



Reminder About Commercially Processed Foods

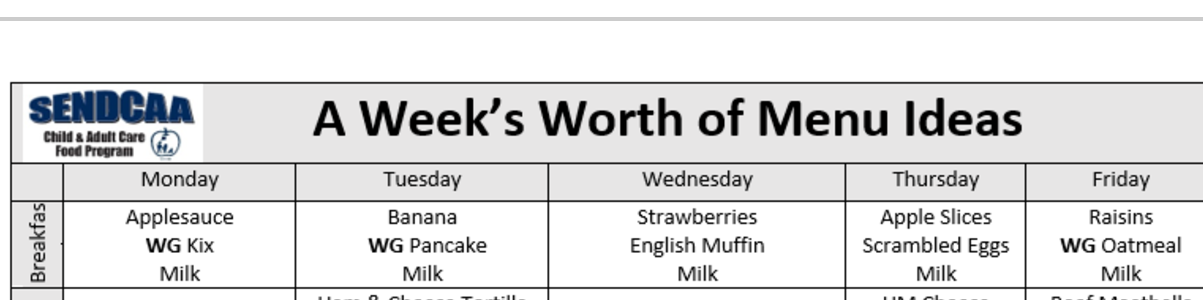
Commercially-purchased foods such as chicken nuggets, fish sticks, ravioli, chili, spaghetti with meat sauce, beef stew, pocket sandwiches, and frozen pizzas **may not count** as a meat/meat alternate **unless**:

- extra cheese or other meat/meat alternate is added, **serverd**, and **documented** on menus
- the product has a **CN (child nutrition label)**
- a product analysis sheet from the manufacturer stating the amount of cooked lean meat/meat alternate is available, upon request from your home monitor

For providers who use manual claim sheets, homemade (HM) items do not need an extra meat/meat alternate added and should be recorded with **HM** on menus.

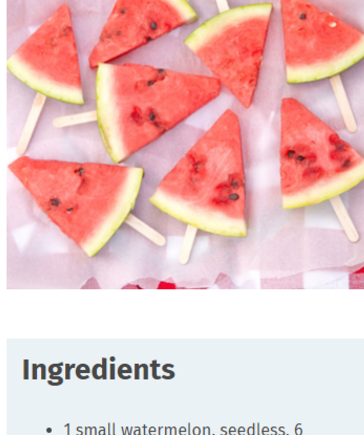
July Resources

The National CACFP Association has developed extra monthly resources to go along with your calendar. The Parent Connections monthly newsletters are ready for you to add your own info at the bottom of the page; and the activity pages contain recipes, craft activities, movement activities and more. Click on each picture to download the PDF and use at your child care.



SENDCAA Child & Adult Care Food Program					
A Week's Worth of Menu Ideas					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Applesauce WG Kix Milk	Banana WG Pancake Milk	Strawberries English Muffin Milk	Apple Slices Scrambled Eggs Milk	Raisins WG Oatmeal Milk
Lunch	Oven Baked Chicken Green Beans Peaches Dinner Roll Milk	Ham & Cheese Tortilla Roll Up Baked Beans Corn WG Tortilla Milk	HM Meat Loaf Mashed Potatoes Cooked Carrots WG Bread Milk	HM Cheese Pizza Broccoli Pears Crust Milk	Beef Meatballs Tomato Sauce Corn Honey Dew Garlic Toast Milk
Snack	Yogurt Mixed Berries	Saltine Crackers Peanut Butter	String Cheese Carrots	Cottage Cheese WG Triscuits	HM WG Banana Muffin Milk

*Whole milk is required for children 1 year of age/1% or skim milk is required for children 2 and older



Watermelon Pop

Snack Crediting for Ages 3-5

Icon	Total Time	Serving Size	Servings	Components	
	5 minutes (plus overnight freezing)		2 pops		Fruit

Ingredients

- 1 small watermelon, seedless, 6 pounds
- 2 limes, juiced
- 16 popsicle sticks

Directions

1. Cut watermelon into wedges by cutting the whole watermelon long ways. Then cut both halves of the watermelon long ways again. Cut each quarter piece into 4 slices.
2. Place a popsicle stick through the rind of each watermelon wedge like a popsicle.
3. Brush lime juice on one side of each watermelon slice. Freeze watermelon slices overnight.
4. Serve two pops per child for a refreshing treat!

Two pops provides 1/2 cup fruit.



DID YOU KNOW?

MYTH

It's only money. You should just raise your child care rates.

FACT

CACFP programs offer regular training and guidance about nutrition, mealtimes, and child development topics. It also saves your child care families time and money by not making them pack food to bring to child care every day.

www.tomcopelandblog.com

Food Program: Is It Worth It?

You are *never* losing money when you are on the Food Program. It is true that your reimbursements may not cover all your food costs, but it's always better to get some money for the food you are buying, than no money at all!

Here's a few things to keep in mind:

- Most providers spend less than 3 hours per week on Food Program paperwork.
- You are always better off when joining CACFP. For every \$1,000 you get from CACFP, you will have \$600-700 in your pocket after paying taxes on this income.
- Meals and snacks that you are reimbursed for by the CACFP can still be deducted as a business expense. So, you don't lose any food deductions when joining the Food Program whether you receive the higher (Tier 1) or lower (Tier 2) reimbursement.
- All providers can use the standard meal allowance rate to deduct their food expenses. That means, if you serve breakfast, lunch and snack each day, you can deduct about \$1,500 in food expenses for each child in a year. Plus, you don't need to save any food receipts when using the standard meal allowance method.
- It is important to participate on the food program, than it is to raise your rates. Now that's a good deal for parents and for you!

For more information and resources, visit www.tomcopelandblog.com

Training Opportunities

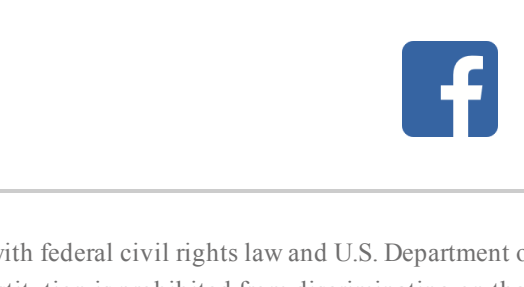
Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and their staff.

- [Nutrition Facts Label](#)
- [Infant Feeding Guide](#)
- [Nutrition & Wellness Tips for Young Children](#)
- [Identifying Whole Grain-Rich](#)
- [2023 Calendar: Counting Animals - NEW!](#)

Growing Futures

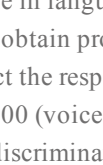
Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

Log into Growing Futures



Contact Us

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Toll-free: 1-800-726-7960
E-mail: foodprogram@sendcaa.org
Website: www.sendcaa.org/foodprogram



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U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410
or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov

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