

## CACFP Meal Requirements for Lifestyle Choices: Non-Dairy Milk Substitutes

Special dietary practices such as eating vegetarian, organic, or eliminating certain foods for religious reasons are not exempt from the CACFP meal pattern. This means the full meal pattern must be supplied by the child care provider in order to claim the meal for reimbursement. If a meal component is eliminated because of dietary practices, or if the parent/guardian supplies any component of the meal, the child care provider cannot claim the meal for reimbursement. The only exception to this is with serving a non-dairy milk substitute.

