



**WHERE
HEALTHY
EATING
BECOMES
A HABIT**



SENDCAA NEWS
CACFP Edition | MARCH 2025

Celebrate **CACFP** Week

March 16-22, 2025

Help serve over **4.5 million children and adults** healthy meals & snacks daily!

Learn more at **CACFPWeek.org**



How do you CACFP Snack?

Take part in the Social Media Challenge to be featured on the [National CACFP Association's website](https://www.nationalcacfp.org/) and for a chance to win \$100! Simply post your #CACFPcreditable snack on Facebook, Twitter or Instagram with the hashtags #NCASuperSnack and #CACFPWeek, and tag the @NationalCACFP account.

You must be enrolled with the CACFP in order to participate. A winner will be selected on March 21 and announced on March 24.

Registration Open!

SENDCAA CACFP Spring Conference!

March 29th, 2025



Participants will learn how to effectively utilize gardening and the environment to teach concepts in health and nutrition.

Beth Hill is the Outreach and Education manager for the ND Forest Service.



How well do you know the CACFP? Heide and Sharla will discuss the current and future CACFP guidelines. Come with your questions!

**Heide Martin and Sharla Olson
SENDCAA CACFP Educators**



Approved for 3 hours

Jon L. Wanzek Center for Scouting
4200 19th Ave S, Fargo, ND
9 am to 12:15 pm



[Register Now!](#)

2024 Reimbursement Tax Reports

The KidKare Tax Report is a summary of your food program income and estimated expense for the calendar year. Providers may use this report as an aid for income tax preparation.


To print this report on KidKare:

1. From the menu to the left, click Reports. The Reports page will open.
2. Click the Select a Category drop-down menu and select Claim Statements.
3. Click the Select a Report drop-down menu and select Tax Report.
4. Click the Select Year box and select the year you want to print.

This report is available for all providers on the food program. **Contact your home monitor if you would like your 2024 tax report sent to you.**

Taxes: Deduction Meals/Snacks

Reimbursement received from the Child and Adult Care Food Program (CACFP) is considered taxable income. However, family day care home providers can deduct full food expenses – even meals/snacks served that you haven't been reimbursed for through the CACFP. Click [here](#) to learn more about meal deductions.



TAXES: DEDUCTING MEALS AND SNACKS
A great benefit for Family Day Care Homes!

Reimbursement received from the Child and Adult Care Food Program (CACFP) is considered taxable income. However, **family day care home providers can deduct full food expenses** – even meals/snacks served that you haven't been reimbursed for through the CACFP.

HOW TO REPORT REIMBURSEMENT AND FOOD EXPENSES
Family day care home providers should report taxable Food Program reimbursements and food expenses on IRS Form 1040 Schedule C. Report all reimbursements under the income section of Part I of the Schedule C and then report food expenses in Part V of Schedule C.

HOW TO CALCULATE FOOD EXPENSES
Using the Standard Meal Allowance Rule, you can report food expenses without saving any receipts. To use this method, add up all the breakfasts, lunches, suppers, and snacks you serve to the children in your care and multiply by Tier 1 rates.

Both Tier 1 and Tier 2 providers will use the Tier 1 rates for the tax deduction calculations.

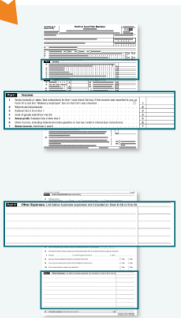
Use the Tier 1 rate as of January of each year. For instance, when doing taxes for 2023, you will use the 2022-2023 rates released in July of 2022.

If your expenses exceed that calculated by the Standard Meal Allowance Rule, use meal receipts (for food and supplies) to calculate the higher deductible amount.

NUMBER OF MEALS DEDUCTIBLE
If you use the standard meal allowance rule to claim food expenses, you can deduct up to one breakfast, one lunch, one supper and three snacks per day per child. This means that you can claim meals and snacks you serve even if they are not reimbursed through the CACFP. You can also claim meals and snacks eaten by your staff. However, child care centers are not able to claim meals and snacks that they eat.

WHAT RECORDS ARE NEEDED
Keep a record of the name of each child, dates and hours of attendance in care, and the number of breakfasts, lunches, suppers, and snacks you served. If you're on the CACFP, all of this information is found on your monthly meal claims.

If you served non-reimbursed meals, be sure to keep a daily record of all meals and snacks served. You do not need to keep a menu.



CACFP is an indicator of quality care. CACFP AMMOHAMM
This institution is an equal opportunity provider.

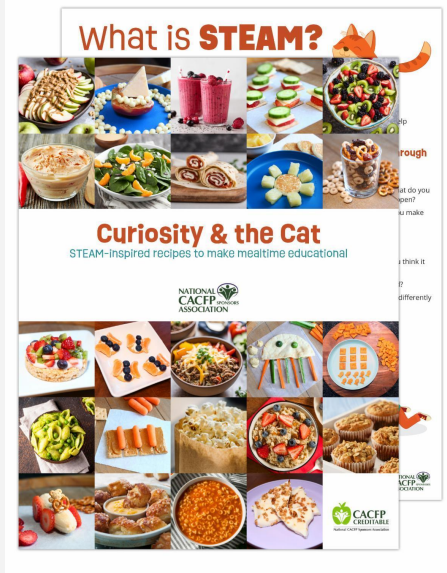
Meal Ideas

2025 Calendar Recipes

With 24 new recipes among the 2025 Nutrition Calendar and its activity pages, it can be hard to keep all those recipes in one place. The National CACFP Association did the job for you!

Download all 24 recipes, serving sizes and crediting information in a recipe book, as well a [handout on this year's theme of STEAM](#) (Science, Technology, Engineering, the Arts and Mathematics).

Download Recipe Book



March Resources

The National CACFP Association has developed extra monthly resources to go along with your calendar. The Parent Connections monthly newsletters are ready for you to add your own info at the bottom of the page; and the activity pages contain recipes, craft activities, movement activities and more.



March Parent Newsletter



March Bonus Activities

Small Hands Crafting

White construction paper, hole punch, washable paint, and pipe toothpick are all you need to create this gift. Using the back of the hole punch, cut a hole in the paper to cover the hole. Using the hole punch, punch holes in the paper. Connect these "tube" ends of paper. Connect flowers by twisting and petals.



Happy Spring

Did you know that National CACFP Week is held each year the first week of spring?

CACFP Week is a national education and information campaign sponsored annually by the National CACFP Sponsor's Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger and bring healthy foods to the table for adults in day care and children in child care homes, centers, and in after-school and summer feeding programs across the country. When we all join forces and work together the message can be powerful, stronger and will create more attention.

Learn more at www.cacfp.org!

NATIONAL CACFP ASSOCIATION

CACFP is an indicator of quality child care. www.cacfp.org

Simple Spring Snacks

Fresh-A-Rice Breakfast Cup
Low-fat yogurt
Whole-grain cereal
Fruit

Using a spoon, layer yogurt, cereal, and fruit in a cup to create a fun pattern.

Banana Fruit Snake
Small bananas
Raisins

Peel bananas and cut in half lengthwise. Place two banana halves on each plate and to sit, in an "N" shape. Add raisins to the top of bananas as eyes.



Ballon Soccer

Split the children into two teams. Create a soccer goal for each team by placing a laundry basket on its side. Using only their feet, kids try to get the balloon into the other team's goal.

Happy Spring Activities

Small Hands Crafting

Use a bottle of yellow construction paper, a hole punch, and pipe toothpick are all you need to create this gift. Using the back of the hole punch, cut a hole in the paper to cover the hole. Using the hole punch, punch holes in the paper. Connect these "tube" ends of paper. Connect flowers by twisting and petals.



Mardi Gras Day

Did you know that the CACFP provides healthy eating habits?

One of the most important lessons a child will learn is healthy eating habits. Did you know your child is learning these habits in a classroom that recognizes the importance of participating in the Child and Adult Care Food Program as a way to help children grow and thrive for their future potential? Together, with caregivers and parents, we can work to establish and encourage healthy eating habits. Reaching this goal early in life will set a strong foundation for the child's health and well-being, which is critical to the establishment of positive eating habits.

CACFP provides \$9.8 billion healthy meals and snacks to children each year.

Parade, Limbo & Treasure Hunt!

Mardi Gras has a wonderful parade celebration each year. Let's make a parade and make the parade these your own and make it fun during activity time and make it on food day. How can you go? Use CACFP music to you play this traditional game of limbo as kids and parents. Children will have a fun and see people will do the limbo. They will start at one height and you get lower as the crowd through each time. When it's time for more fun, have a Mardi Gras treasure hunt with green, purple, and gold beads and gold coins all around your room. Ask the children to search carefully and find the prizes.

Hoppin' John Cakes with Kickin' Sauce

- Electric/pan, cornmeal, 2 #11 cans
- One of 12 oz
- Clear beer/water 1 qt
- Black pepper 1 Tsp
- Long grain rice 4 quarts
- Paprika 1 Tsp
- Fried shrimp (optional) 6oz 1 can
- Hot pepper sauce 2 tbsp
- Green bell pepper, about 1 oz
- Hot red pepper, optional, 1/2 oz
- Salt, pinch, newly to add 1 Tsp

Open blackened peas. We cook brown peas with blackened peas and give a mixer with garlic and seasonings. We add onions. Form patties and place with a shrimp, garnish with peas or. Bake patties in a hot oven at 400 degrees. Cook until browned on one side and top with a little. Cook until browned on other side. Cook in an oven temperature of 100 degrees for 15 minutes. We season and drain. Serve 2 tablespoons keeper. Serve over each patty.

Recipe from USDA Menu Book

NATIONAL CACFP ASSOCIATION

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Mardi Gras Day Activities

Training Opportunities

Looking for free training hours? Check out our website for all of the available at-home training modules. SENDCAA training hours are Growing Futures approved and free to SENDCAA providers and their staff.

- [Nutrition Facts Label](#)
- [Nutrition & Wellness Tips for Young Children](#)
- [Infant Feeding Guide](#)
- [Identifying Whole Grain-Rich](#)
- [2025 Calendar-NEW!](#)

Growing Futures

Can't remember which trainings you have completed? Log in to your Growing Futures account to see all the trainings in one list. Once logged in, choose the training tab along the top to view all your approved trainings. The most recent will be at the top of the list.

Contact Us

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. Fax: (833)256-1665 or (202)690-7442; or
3. Email: program.intake@usda.gov.

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