

Small Hands Crafting

Make a large cardboard template of interlocking puzzle pieces. Cut out the pieces and give one to each student. They should decorate their puzzle with craft items such as sequins, stamps, and markers. When the pieces are decorated, put them all back together. All of our friends are a piece of the puzzle!



Friendship Day

Did you know that CACFP child care providers feed the mind too?

CACFP caregivers work every day to ensure healthy access to food. In addition, they work diligently to broaden children's minds through reading. Reading aloud is the single most important thing a parent or caregiver can do to help a child prepare for reading and learning. Please make reading a priority at your home as well!

You can start with one of these wonderful stories of friendship:

Should I Share My Ice Cream? by Mo Willems

A Color of His Own by Leo Lionni

David and Dog by Shirley Hughes

Making Friends (Mr. Rogers) by Fred Rogers

Friends by Helme Heine



Friendship Fun: Movement on Friendship Day

National Friendship Day is August 6 and what better way to celebrate than playing games together?

- My New Friend - One student is chosen to be the new friend. They will stand across from the group. The others will say, "What time is it my new friend?" The child will name a time and the others will move that many steps. If they yell midnight they will chase the group back to the starting line and tag someone to be it.
- Follow the Friend - Play just like Follow the Leader
- Friendship Bean Bag Toss - As you toss the bean bag around a circle, children will say, "(Child's name) is my friend and they are special because ...". Then that child will toss the bag to another friend.

Friendship Snack Mix

Ask students to bring in one of their favorite healthy ingredients that can be used in a trail mix type snack.

Suggestions:

- Dried fruit: raisins, banana chips, dried apricots, dried cranberries
- Whole grain cereal
- Nuts – if there are no allergy issues
- Pretzels

When all of your ingredients are together, ask each student to add their friendship ingredient to the mix. They can each take turns mixing with a large spoon. We can all work together to make a healthy snack to share with friends!

